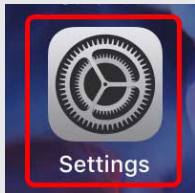


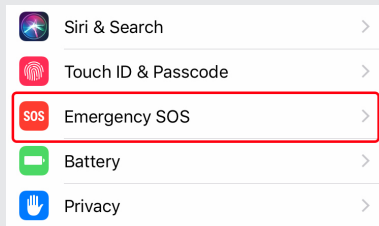
HOW TO SET UP EMERGENCY CONTACT INFORMATION ON AN IOS DEVICE

If you or your child were to ever be in an emergency or an unresponsive state, those attempting to help can access the emergency details without needing to know the code to unlock the mobile phone. This way, all important medical information and contacts are visible in an emergency.

1. Click on the 'Settings' icon from your home screen



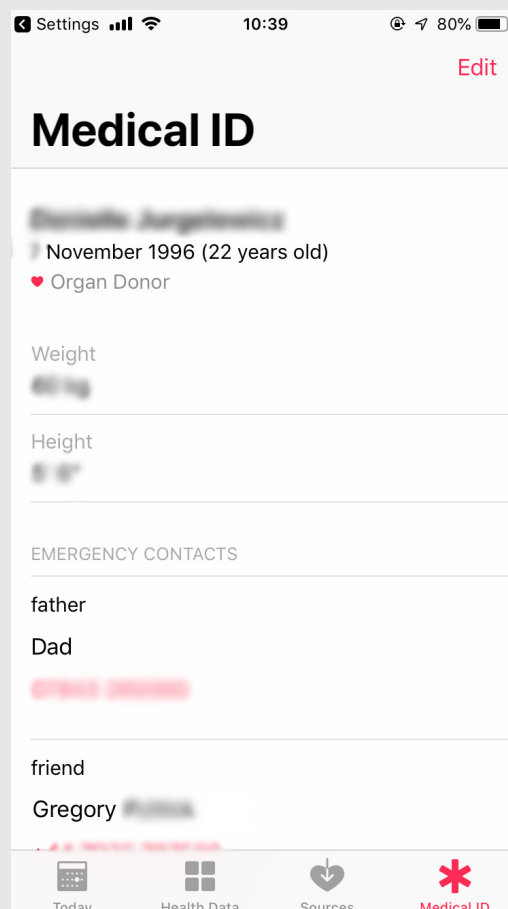
2. Scroll down to, and tap on 'Emergency SOS'



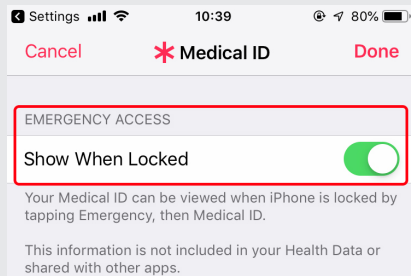
3. Navigate down to the 'Emergency Contacts' section



4. Tap 'Edit Emergency Contacts in Health'
5. Click the 'Edit' button in the top right corner



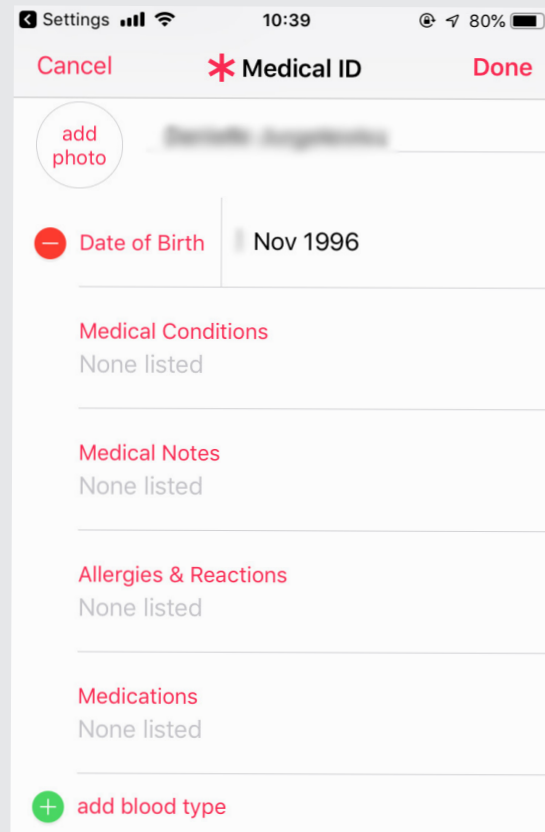
6. The first option available is **'Show When Locked'** you want to slide this option on so it shows in green. This means whilst the device is locked, the emergency contact information is still accessible



7. You then have the option to include the following information:

- Name
- Photo
- Date of Birth
- Medical Conditions
- Medical Notes
- Allergies and Reactions
- Medications
- Blood Type
- Organ Donor
- Weight
- Height
- Emergency Contacts

When adding emergency contacts, these are taken from your contacts list. You can also add what relation the emergency contact is to you, e.g **"Friend"**, **"Father"**, **"Mother"**



Other Options:

There are a few other options you can edit under **'Emergency SOS'**.

Enabling the **'Call with Side Button'** allows you to press the side button 5 times in a row to make an emergency call.

'Auto Call' automatically calls the emergency services if enabled when you click call. This requires a SIM card so that Auto Call knows which emergency number to call (e.g UK or USA).

'Countdown Sound' plays a warning noise and counts down to call the emergency services.

